

## Studio Information

RastBallet offers a spacious dance environment, a resilient wood floor, and multiple restrooms. Street parking is available. The parking lot, which can be accessed from Ravenswood Avenue, is available ONLY after 6 p.m. weekdays and all day weekends; no parking EVER in "Reach" or "Black Bear" spots. The facility is a short walk from the newly reopened Irving Park stop on the Brown line.

The studio is available for rehearsals, auditions, workshops and parties. Please call for fees.

## Studio Director and Faculty

NATALIE RAST has been teaching ballet to students of all ages for over 25 years. She has studied with renowned ballet masters throughout Europe and the U.S., including Richard Ellis, Christine DuBoulay, Anna Paskevka, and Larry Long. She was a Principal Dancer with Joel Hall Dancers from 1981 to 1986. She has served as ballet mistress for various Chicago companies and is currently on the faculty of Columbia College, the Chicago Academy for the Arts, and Joffrey Academy.

### Faculty

Celia Bambara  
Robert Baudry  
Debra Guinta  
Bea Haven  
Jessica Kane  
Sonya Nieves  
David Pagni  
Tracy Lynn Pristas  
Natalie Rast



### Classes for Children:

Creative Movement  
Hip-Hop  
Lyrical

### Classes for Adults:

Ballet  
Burlesque  
Hip-Hop  
Modern  
Pointe  
Yoga

### Design Dance

312/361-0864

### NonStop Dance Productions

773/934-8530

### NATALIE RAST

1803 West Byron, Suite 201  
Chicago, Illinois 60613

INFO@RASTBALLET.COM

**773/419-4487**

RASTBALLET.COM

## Dance Classes for Children

Design Dance Classes – To register, call 312/361-0864 or email info@designdance.net, or contact Natalie Rast.

## Adult and Teen Ballet Classes

All unshaded classes on schedule are available to both teens and adults.

Single class \$ 14  
 5-Class card \$ 67.50  
 10-Class card \$130  
 20-Class card \$240  
 Barre only \$ 10

RastBallet class cards may be used for any ballet class, regardless of day or level. Cards are valid 10 weeks from date of purchase.

**Women's Attire** – leotard, tights and ballet slippers recommended

**Men's Attire** – dance belt, tights and t-shirt or men's unitard and ballet slippers recommended.

Classes marked with an asterisk are administered by the teacher of that class. Call for prices/registration information:

Burlesque	773/875-8556
Hip-Hop (NonStop Dance Productions)	773/934-8530
Iyengar Yoga	773/879-5700
Hatha Yoga	312/409-8457
Ultimate Jump Start Boot Camp	773/600-9884

## Schedule of Classes, Children & Adults, Winter 2010

monday	tuesday	wednesday	thursday	friday	saturday	sunday
Children's classes indicated by gray background!	6–7:00 am *Ultimate Jump Start Boot Camp	6–7:00 am *Ultimate Jump Start Boot Camp	6–7:00 am *Ultimate Jump Start Boot Camp	6–7:00 am *Ultimate Jump Start Boot Camp	7:30–8:30 am *Ultimate Jump Start Boot Camp	9–10:30 am *Iyengar Yoga
	7:15–8:00 am *Ultimate Jump Start Boot Camp	8–9:30 am *Hatha Yoga	7:15–8:00 am *Ultimate Jump Start Boot Camp	7:15–8:00 am *Ultimate Jump Start Boot Camp	9–10:00 am *Ultimate Jump Start Boot Camp	11 am–12:30 pm Intermediate Ballet I
8:30–9:30 am *Ultimate Jump Start Boot Camp	8:30–9:30 am *Ultimate Jump Start Boot Camp		8:30–9:30 am *Ultimate Jump Start Boot Camp	8:30–9:30 am *Ultimate Jump Start Boot Camp	10–11:30 am *Intermediate Ballet	12:30–2 pm Basic Ballet
Time blocks in black available for rental or private lessons.				12:00–3 pm *Rehearsal: SPDW	12:00–1 pm *Beginning Burlesque	
5–5:45 pm *Design Dance PreDance Ages 3–6		5:30–6:30 pm *Hip Hop Age 6 and up				3–4:00 pm *Hip Hop Age 3–5
6:15–7:45 pm Intermediate Ballet II		6:30–7:30 pm *Hip Hop Age 9 and up	6:15–7:45 pm Beginning Ballet II		<p><u>Note: Classes may be cancelled due to low enrollment.</u></p> <p><u>PLEASE CALL TO CONFIRM BEFORE ATTENDING ANY CLASS FOR THE FIRST TIME.</u></p>	4–5:00 pm *Hip Hop Age 11 and up
7:45–9:15 pm Beginning Ballet I	7–8:30 pm Beginning Ballet II	7:30–8:30 pm *Hip Hop Teen/Adult	8–10:00 pm *Rehearsal: Mac 'n Cheese Productions			5–6:00 pm *Lyrical Age 8 and up
	8:30–10:30 pm *Nicole Gifford Dance	8:30–10 pm *NonStop Competition				6–7:30 pm *NonStop Competition